Pre-OP Process for Bariatric Surgery

1. Discuss with your Doctor
   desire for surgery

2. If there are no medical contraindications to surgery
   enroll in MOVE

3. Must complete 12 weeks of MOVE
   (8-12 visits in-person or via pictel)

4. Compliant with MOVE

5. Bariatric Psychological Evaluation
   Completed

6. If considered a good candidate a consult
   will be sent to JB for final approval

7. While waiting to hear from JB
   meet with a Social Worker

8. JB will call to set up appointment
   for evaluation by the bariatric surgery team at JB in Chicago
**Patient Requirements**
- BMI >40 but <60
- BMI >35-39 with an obesity related co-morbidity (DMII, HTN, CAD, etc..)
- Failed medical treatment
- Age 20-65
- Acceptable surgical risk
- Free of substance abuse

**Ideal Surgical Candidate**
- Well informed
- Motivated
- Have Realistic Expectations
- Willing to participate in long-term follow up

**Non-Surgical Candidate**
- Age >65
- Current tobacco users (smokers and smokeless tobacco) need to abstain for 3 months prior to surgery
- Oxygen Dependent COPD
- Patients with Active Hepatitis B or cirrhosis
- Patient with significant heart failure or pulmonary HTN
- Patients having multiple abdominal operations, complicated incisional hernias, or infection resulting in an intra abdominal infection
- Patients with major psychoses or issues with non-compliance with medications and treatment plans
- Patients who were active substance abusers within a period of 1 year prior to referral

**What does compliance mean?**
- Accepting personal responsibility for lifestyle changes and maintaining those changes
- How will this be measured?
  - Attending all sessions and completing all assignments
  - Demonstration of reasonable weight loss of .5-1 pound per week
  - Maintenance of weight loss and avoidance of weight re-gain while preparing for surgery
  - For those who have inability to lose weight, the bariatric team will consider candidates who maintain their weight by maintaining healthy lifestyle habits