

## Agenda

- 8:00 am\*** Registration and  
Continental Breakfast  
*Madison VA Room B-2055*
- 8:30 am** Opening Remarks
- 8:45 am** “Her Story” DVD,  
honoring women in the  
United States military
- 9:15 am** Eating Healthy  
Kristin McCaskey, RD
- 9:45 am** Introduction to  
**MyHealthe Vet**,  
Jill Everson
- 10:00 am** BREAK
- 10:30 am** Tai Chi for Women  
Kristi Rietz, OTR
- 11:30 am** Panel of Women Veterans
- 12:15 am** Adjourn

\*If you are a VA patient who is interested in a having a blood draw for cholesterol, **please let us know and plan to arrive at 7:30am.**

# VISN 12 WOMEN VETERANS HEALTH CARE

## Women Veterans **Wellness** Conference Madison VA, Room B2055



**Saturday, April 9<sup>th</sup>, 2011**  
**8:00 am to 12:15 pm**

Sponsored by  
William S. Middleton  
Memorial Veterans Hospital,  
Women Veterans Health Program  
and  
University of Wisconsin-Madison Center for  
Women's Health Research  
Madison, WI

*You served, you deserve*  
★ *the best care anywhere*

## Registration

**Please register** so that we may plan for breakfast. Space is limited; registration is needed no later than **April 1, 2011**. There is no fee for breakfast or the program, and free parking will be available.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Daytime Telephone:  
(\_\_\_\_) \_\_\_\_\_

Special Accommodations? (e.g. wheelchair access) Please specify  
\_\_\_\_\_

The room may be cool.  
A sweater or jacket is recommended.

## Registration Deadline: April 1, 2011

Registration by email, phone or U.S. Postal Mail using the form provided.

Email:

[Womens.health@va.gov](mailto:Womens.health@va.gov)

Phone: 608-256-1901, ext 11619  
(Tara, or leave a message with your information and call back phone number)

Or by U.S. mail:

Gail Gunter Hunt, LCSW  
William S. Middleton Memorial  
Veterans Hospital  
2500 Overlook Terrace 11G  
Madison, WI 53705



Date of event: Saturday April 9<sup>th</sup>, 2011

Women Veterans Wellness Conference  
Location:



VA Room B-2055

William S. Middleton  
Memorial Veterans Hospital  
2500 Overlook Terrace  
Madison, WI 53705

Questions? Call Gail at  
608-256-1901 ext . 11687